

Jesus Sends the Holy Spirit Through the Sacraments



In today's Gospel reading, Jesus tells the disciples that He is going away, but the Father will send the Holy Spirit to help them.



We can't see Jesus on earth any more, because His body went into Heaven at the Ascension. We can't see the Holy Spirit either, because He doesn't have a body. The Holy Spirit really is in the world, though. He is working in the Church and in people who obey and love God.



The Holy Spirit comes to us mainly through the sacraments. We get grace, which is God's life in us, when we receive the sacraments. Jesus gave us the sacraments to help us on our way to Heaven. Do you know the seven sacraments? Here is a list to help you to remember:



- Baptism**
- Confession**
- Confirmation**
- Holy Communion**
- Marriage**
- Holy Orders**
- Sacrament of the Sick**

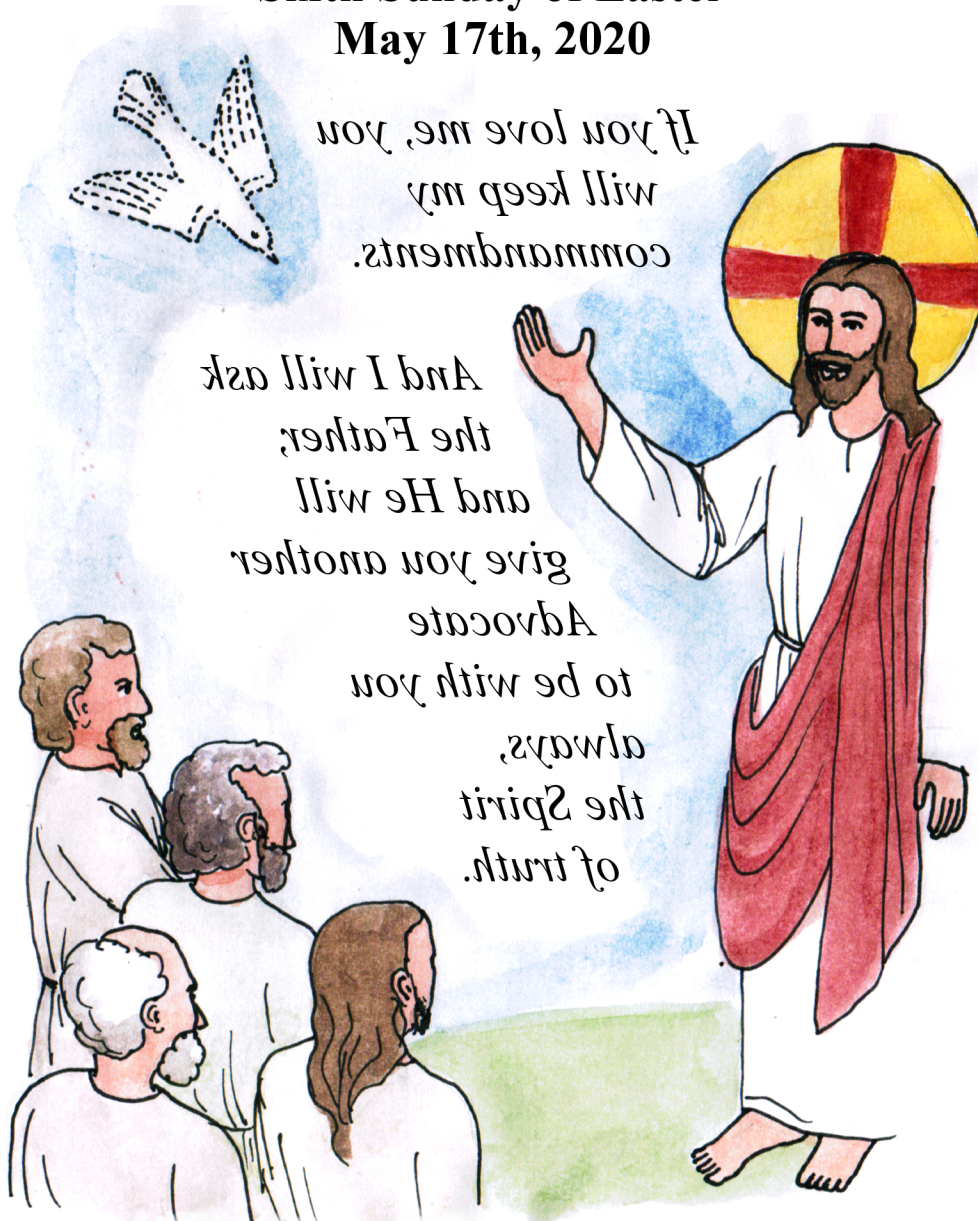


Answer to Word-Find: Holy Spirit

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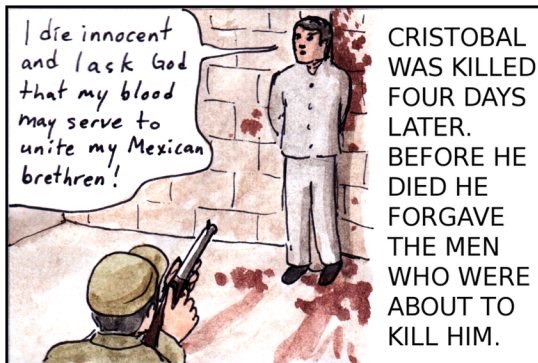
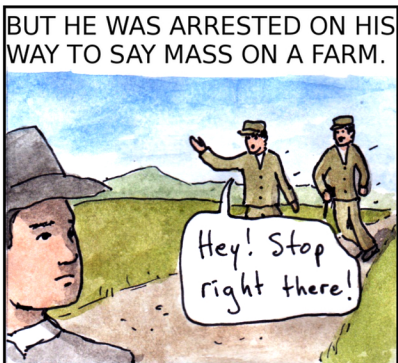
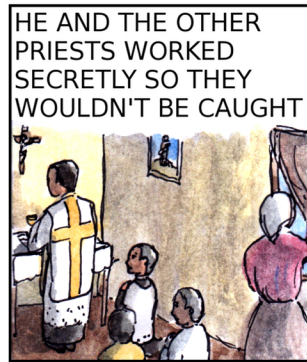
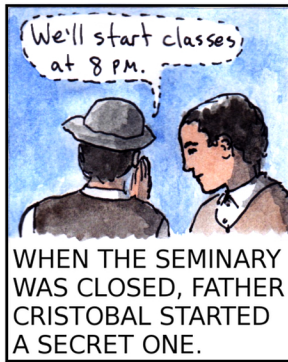
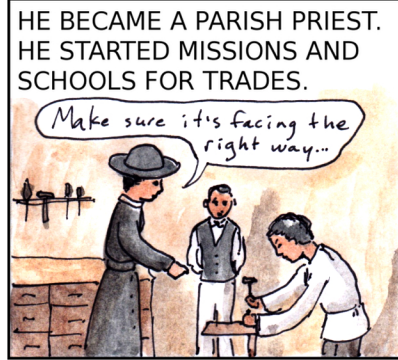
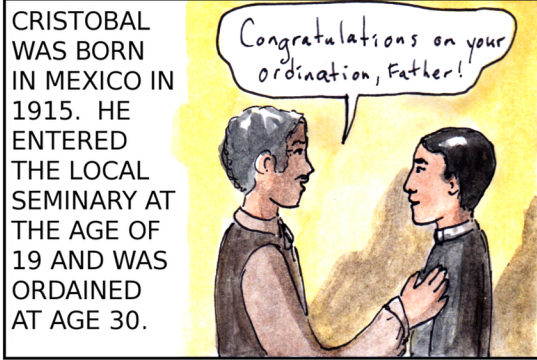
If you love me, you
will keep my
commandments.

And I will ask
the Father,
and He will
give you another
Advocate
to be with you
always,
the Spirit
of truth.

What did Jesus say to the disciples to prepare them for His departure? Look at this page in the mirror to find out!

Saint Cristobal

May 21



SAINT CRISTOBAL WORKED TO HELP HIS FELLOW MEXICANS TO LIVE A BETTER LIFE. WHEN THE GOVERNMENT TRIED TO STOP THE CHURCH, HE KEPT WORKING ANYWAY. WE CAN LEARN FROM HIM THAT HELPING PEOPLE, ESPECIALLY IN THEIR FAITH, IS MORE IMPORTANT THAN HAVING A NICE SAFE LIFE.

An Acts of the Apostles Word Find

P H I L I P E T E R
 R H S A M A R I A E
 E N A M E O C W H J
 A L Y M S S O O A O
 C H R I S T M R N I
 H O P R A Y E D D C
 E L T A G O D P S I
 D Y H C E I J O H N
 O W E L C O M I N G
 W R R E C E I V E D
 N I E S P I R I T T

Today's first reading is from the Acts of the Apostles. See if you can find all the words from the reading that are in CAPITALS in the puzzle. Use the leftover letters to fill in the blanks at the end!

PHILIP went to a Samaritan town and proclaimed the

CHRIST to them. The people united in WELCOMING the MESSAGE Philip PREACHED, either because they had heard of the MIRACLES he worked or because they saw them for themselves. THERE was great REJOICING in that town.

When the apostles in Jerusalem heard that SAMARIA had accepted the WORD of GOD, they sent PETER and JOHN to them, and they went DOWN there, and PRAYED for the Samaritans to receive the HOLY SPIRIT, for as yet he had not COME down on any of them: they had only been baptised in the NAME of the Lord Jesus. Then they laid HANDS on them, and they RECEIVED the